

Guidelines for singing safely together with Covid-19 in mind

National guidelines relaxed on 17 May 2021, which means – for the first time in over a year! – we can gather for our regular singings again. Here is how we plan to reduce any risks as much as possible.

Location: We will sing outside at Preston Park.

Books: Please bring your own book if possible. We will have loaners. Once returned, we will quarantine them for three days.

Group size: Groups of 30 maximum. If we have more than 30 people, we will break into two groups and move to separate parts of the park. We'll avoid mixing between the groups.

Food and drink: Please bring your own refreshments and avoid sharing food between different households.

Social distancing: Singing volume can be a risk factor, so we'll mitigate this by keeping 2m+ between each other and members of the public. If there are bystanders close by, pause singing until they've moved on.

Face coverings and testing (optional): Face coverings aren't necessary while singing, but you're welcome to wear one if you like. You're encouraged to take a lateral flow test before arriving to the singing – tests are free to pick up locally ([details here](#)).

Track and trace: All attendees to write down their name and contact details. These details will be kept securely with a Brighton Shape Note organiser for 21 days before being destroyed. You'll only be contacted if someone at the singing was later diagnosed with Covid-19. We encourage you to download the [NHS contact tracing app](#) and have it active during the singing.

Please do not attend if: You have [symptoms of Covid-19](#) (e.g. a persistent cough, high temperature and/or loss of taste or smell). If you've been in recent contact with someone who has tested positive for Covid-19.

The future: We will regularly reassess these guidelines as government advice changes. We hope to be back singing in our usual venues again later this year!

We would like our singings to remain as inclusive as possible, so please let us know if there's anything we can do that will enable you to join us singing.

Sources and more info

[Suggested principles of safer singing](#) (Public Health England)

[Can my group get back to in-person activities?](#) (Making Music)

[How to pick up a free lateral flow test in Brighton & Hove](#) (Brighton & Hove Council)